

| Today's Date:  |   | Referring Phys  | ician:  |
|--|---|---|---|
| Patient Information  |   |   |   |
| Last Name:   |   | First Name:   | MI:   |
| Date of Birth:   | Sex   | x:□ M □ F   | Social Security #:  |
| Street Address:  |   |   | Home Phone:   |
| City:  | State:  | Zip:  | Cell Phone:   |
| Occupation:  |   | Employer:   |   |
| Employer Address:  |   |   | Work Phone:   |
| Email address:   |   | Primary langua  | nge:  |
| Emergency Contact:   |   | Relationship:   | Phone:  |
| Primary Insurance Information  |   |   |   |
| Insurance Company:   |   |   | Phone:  |
| Policy Holder's Name:  |   |   |   |
| Policy Holder's DOB:   |   |   | #:  |
| Address (If Different from Above):   |   |   |   |
| Policy/Member ID #:  |   | Group #:  |   |
| Secondary Insurance Information  |   |   |   |
| Insurance Company:   |   |   | Phone:  |
| Policy Holder's Name:  |   |   |   |
| Policy Holder's DOB:   |   | Social Security   | #:  |
| Address (If Different from Above):   |   |   |   |
| Policy/Member ID #:  |   | Group #:  |   |
| company and I assign benefits to Quang however payment for copays and dedu your insurance company to Quang Ngurinsurance company for payment. In the covered payable to Quang Nguyen DO I to a minor. If your account is turned ovagency to include but not limited to, co | g Nguyen DO PLLC dba<br>ctibles are required at<br>yen DO PLLC, dba Las V<br>event your insurance<br>PLLC, dba Las Vegas En<br>yer for outside collection<br>mmissions attorney &<br>to referring and prima | Las Vegas Endocrin the time services ar /egas Endocrinology denies a claim, you docrinology. Parent ons, you will be resp court filing fees, or | n necessary to file a claim with my insurance ology. We will gladly file your insurance claim, re rendered. We cannot guarantee payment by y. We have an agreement with you, not your will become responsible for all amounts not cs/guardians are responsible for services rendered consible for all costs of the outside collection interest rates assigned by the collection agency. I and the insurance company, as applicable. I |
| Signature:   |   | Date:   |   |



| Social History  |                        |  |  |
|---|------------------------|--|--|
| Marital Status: Single Married Divorced                     | Widowed                |  |  |
| Use of alcohol: Yes No                                      |                        |  |  |
| Use of tobacco/smoking: $\square$ Yes $\square$ No          |                        |  |  |
| Use of illicit drugs: $\square$ Yes $\square$ No            |                        |  |  |
|   |                        |  |  |
| Medical History (list previous hospitalizations, surgeries, | serious injuries, etc) |  |  |
| 1.  | 8.                     |  |  |
| 2.  | 9.                     |  |  |
| 3.  | 10.                    |  |  |
| 4.  | 4. 11.                 |  |  |
| 5. 12.  |                        |  |  |
| 6.  | 13.                    |  |  |
| 7.  | 14.                    |  |  |

## Patient/Family History (Please circle all that apply.)

|                      | Pati | ent | Mot | her |     | Father |
|----------------------|------|-----|-----|-----|-----|--------|
| Diabetes             | Yes  | No  | Yes | No  | Yes | No     |
| High Blood Pressure  | Yes  | No  | Yes | No  | Yes | No     |
| Cancer               | Yes  | No  | Yes | No  | Yes | No     |
| Stroke               | Yes  | No  | Yes | No  | Yes | No     |
| Arthritis/Gout       | Yes  | No  | Yes | No  | Yes | No     |
| Convulsions/Seizures | Yes  | No  | Yes | No  | Yes | No     |
| Depression           | Yes  | No  | Yes | No  | Yes | No     |
| Thyroid Disease      | Yes  | No  | Yes | No  | Yes | No     |



| ALLERGIES to Medications:   |      |             |                 |  |  |
|---|------|-------------|-----------------|--|--|
| **PLEASE LIST ALL MEDICATIONS**   |      |             |                 |  |  |
| Medication Name   | Dose | Frequency   | What is if for? |  |  |
| 1.  |      |             |                 |  |  |
| 2.  |      |             |                 |  |  |
| 3.  |      |             |                 |  |  |
| 4.  |      |             |                 |  |  |
| 5.  |      |             |                 |  |  |
| 6.  |      |             |                 |  |  |
| 7.  |      |             |                 |  |  |
| 8.  |      |             |                 |  |  |
| 9.  |      |             |                 |  |  |
| 10.   |      |             |                 |  |  |
| 11.   |      |             |                 |  |  |
| 12.   |      |             |                 |  |  |
| 13.   |      |             |                 |  |  |
| 14.   |      |             |                 |  |  |
| 15.   |      |             |                 |  |  |
|   |      |             |                 |  |  |
| Pharmacy Information  |      |             |                 |  |  |
| Pharmacy Name:  | Ph   | one Number: |                 |  |  |
| Cross Streets:  |      |             |                 |  |  |
| Permission to access your medication list from your pharmacy/insurance company?                 |      |             |                 |  |  |
|   |      |             |                 |  |  |
| How would you ideally prefer to be contacted regarding the following (check only one for each)? |      |             |                 |  |  |
| Medical Issues: Phone Email   |      |             |                 |  |  |
| Appointment Reminders: Phone Email  |      |             |                 |  |  |
| Medication Recall Notice: Phone Email   |      |             |                 |  |  |
|   |      |             |                 |  |  |
| May we leave voicemail: With detail Without detail  |      |             |                 |  |  |



Patient/Legal Guardian Signature

## LAS VEGAS ENDOCRINOLOGY

## PATIENT CONSENT TO THE USE AND DISCLOSURE OF HEALTH INFORMATION FOR TREATMENT, PAYMENT OR HEALTHCARE OPERATIONS IN ACCORDANCE TO HIPPA

| ı  | understand that as part of my health care, Quang Nguyen DO PLLC, dba Las   |
|--|--|
|  | c records describing my health history, symptoms, examinations, test results   |
| A basis for planning my care and treatment   |  |
| A means of communication among the many health professi  |  |
| <ul> <li>A source of information for applying my diagnosis and surgion</li> <li>A means by which a third-party payer(s) can verify that serving</li> </ul>   |  |
|  | uality and reviewing the competence of healthcare professionals  |
| I understand and have been provided with a <i>Notice of Information Produced in the Information Produced Info</i> | actices that provides a more complete description of information uses and es:  |
| The right to review the notice prior to signing this consent/  |  |
| healthcare operations  | nation may be used or disclosed to carry out treatment, payment or   |
| that I may revoke this consent in writing, except to the extent that th  | <b>ogy</b> is not required to agree with the restrictions requested. I understand e organization has already taken action in reliance thereon. I also ent, this organization may refuse to treat me permitted by Section 164.520 |
| I understand that as part of the organization's treatment, payment or<br>health information to another entity (Insurance company, referring p<br>disclosure for these permitted uses, including disclosures via fax or en  | ,  |
| In addition, I also give consent <b>Quang Nguyen DO PLLC</b> , <b>dba Las Vega</b> following person and/or people:   | s Endocrinology to disclose my protected healthcare information to the   |
| Name   |  |
| Name   | Relationship   |
|  |  |
| Name   | Relationship   |
| I fully understand and accept the terms of this consent.   |  |

Date



## **MEDICAL RECORDS REQUEST FORM**

| Patient Name:     |  |                                | Date of Birth:      |
|-------------------|--|--------------------------------|---------------------|
| hereby request th | nat you release the following protected                          | health infor                   | rmation:            |
| ✓ La<br>✓ Mo      | ogress Notes<br>b/Radiology Reports<br>edication History<br>her: |                                |                     |
| RECORDS           | Physician Name:  |                                |                     |
| FROM:             | Address:   |                                |                     |
|                   | City:  |                                |                     |
|                   | Phone:   | Fax:                           |                     |
|                   |  |                                |                     |
| RECORDS           | Las Vegas Endocrinology  |                                | Phone: 702-605-5750 |
| TO:               | 229 North Pecos Road, Suite 100                                  | d, Suite 100 Fax: 702-605-5751 |                     |
|                   | Henderson, NV 89074  |                                |                     |
|                   | tient or Legally Authorized Representative                       |                                | Date:               |
|                   | Patient or Legally Authorized Representative (R                  |                                |                     |
|                   | ratient of Legany Authorized Representative (R                   | eiationsiiib to i              | raliellu            |



#### FINANCIAL AND COLLECTION POLICY

Please Read the following carefully:

- Your insurance policy is a contract between you, your employer and your insurance company. We are not a party to
  that contract. Our relationship is with you and you are ultimately responsible for any service provided, regardless of
  your insurance coverage.
- We will bill your insurance as a courtesy, not all services are covered by your insurance company. It is your
  responsibility to know what is covered and what is not, and to obtain a referral if required by your insurance. Fees
  for non-covered services are due at the time service is rendered.
- Photo ID and Insurance card must be provided for each date of service.
- If Las Vegas Endocrinology cannot verify your insurance at the visit or if you do not bring current proof of insurance to each visit, you agree to pay charges in full prior to your visit or be rescheduled.
- You agree to pay all insurance deductibles, co-insurances, and/or co-pays, at the time of check in and prior to services being rendered.
- If your insurance does not pay within 90 days of claim submission, we reserve the right to begin billing you directly and that you contact your insurance carrier for reimbursement of funds that you paid to settle your account.
- Accounts will be considered delinquent 90 days after insurance adjudication. If a delinquent account is submitted to
  a collection agency, you agree to pay all fees including, but not limited to, both collection agency fee and the
  account balance. Once an account has gone to collections, we cannot waive the collection agency's fees. Future
  appointments will be canceled and follow-up appointments will not be scheduled.
- You agree to pay a \$35 returned check fee, in addition to the amount on the check, on any of your personal checks which are returned to this office by our bank. Furthermore, if your check is returned once for insufficient funds, we will not accept your personal check as a form of payment.
- The No Show fee is \$50. Please refer to our MISSED APPOINTMENT FEE POLICY.
- If there is any change of insurance, it is the patient's responsibility to IMMEDIATELY notify Las Vegas Endocrinology of the changes (ie. policy dates, coordination of benefits).
- Any refunds will be released once insurance claim has been paid by your insurance carrier. We want to make sure
  we deduct any copays, coinsurance, deductibles, or any other charges your insurance carrier may apply towards
  your responsibility.
- Our office bills are for doctor services only. Fees for lab work are billed separately by the appropriate lab. We are not responsible for fees associated with your lab. You will need to communicate with your insurance and/or lab.

We encourage you to communicate any problems/concerns so that we can assist you in the management of your account. We also offer payment arrangements. Please speak with our billing department, email <a href="mailto:billing@medicalrcm.net">billing@medicalrcm.net</a> and toll-free number 833-865-8273, for further assistance.

| Signature:                                   | Date: |
|--|-------|
| Patient or Legally Authorized Representative |       |
|  |       |
| Printed Name:                                |       |



#### **CODE OF CONDUCT FOR PATIENTS**

To provide a safe and healthy environment for staff, visitors, patients and their families, Las Vegas Endocrinology expects visitors, patients and accompanying family members to refrain from unacceptable behaviors that are disruptive or pose a threat to the rights or safety of other patients and staff.

As a patient visiting our practice, please consider the following:

- If you have any questions about the care or are unhappy with the service received in our office, please contact our office manager before you leave our office so that any clarifications about your care or the services you received can be addressed.
- Please communicate all issues that you wish to discuss with the provider at the time your appointment is scheduled, so that an appropriate amount of time can be allotted. If you do not do this in advance, another visit may be necessary so that the doctor can give all patients the time and quality of care they deserve.
- Our practice follows a zero-tolerance policy for disrespectful or aggressive behavior directed by patients against our staff.
- Please be courteous with the use of your cell phone and other electronic devices. When interacting with any of our staff, please put your devices away. Set the ringer to vibrate before storing away.
- Adults are expected to supervise their children.

#### The following behaviors are prohibited:

- Possessing firearms or any weapon
- Intimidating or harassing staff or other patients
- Making threats of violence through phone calls, letters, voicemail, email or other forms of written, verbal or electronic communication
- Physically assaulting or threatening to inflict bodily harm
- Making verbal threats to harm another individual or destroy property
- Damaging business equipment or property
- Making menacing or derogatory gestures
- Making racial or cultural slurs or other derogatory remarks

If you are subjected to any of these behaviors or witness inappropriate behavior, please report to any staff member. Violators are subject to removal from the facility and/or discharge from the practice.

| Signature:      |  | Date:       |
|-----------------|--|-------------|
|                 | Patient or Legally Authorized Representative               |             |
|                 |  |             |
|                 |  |             |
| Printed Name: _ |  |             |
|                 | Patient or Legally Authorized Representative (Relationship | to Patient) |



#### **OFFICE POLICIES**

Please Read the following carefully:

#### MISSED APPOINTMENT FEE POLICY

- Appointment confirmation is a courtesy act. It is the responsibility of the patient to keep track of his/her appointment date and time and not rely on the clinic to remind him/her. You will receive an email reminder if you provide an email and/or text to confirm your appointment if you provide a cell phone number.
- If you are unable to keep your appointment, please notify us using the patient portal or by email at <a href="mailto:lvendocrine@gmail.com">lvendocrine@gmail.com</a>. We require at least 24 hours' notice. Please understand that we are a specialty clinic. We often have patients waiting to be scheduled. We strongly encourage the use of the patient portal to cancel your appointment.
- A patient who fails to attend his/her appointment (without contacting us at least 24 hours in advance) will be subject to a \$50.00 missed appointment fee. Please be aware that patients who have multiple "no shows" or excessive cancellations will be discharged from Las Vegas Endocrinology.
- If a patient shows up to his/her appointment more than 15 minutes late, the appointment will have to be rescheduled to the next available appointment time and date. This allows our practice to stay on schedule to the best of our ability.
- A minimum of one in-office appointment is required each calendar year.
- While your appointment may be a specific time, no express or implied guarantee is made that a provider will see you at the exact time. Las Vegas Endocrinology makes every effort to see patients in a timely fashion, subject to patient volume and emergencies beyond our control. You agree to not hold Las Vegas Endocrinology responsible in any manner for time spent waiting to be seen.
- ALL medical record requests by patients for pick-up will take 7 business days. A photo ID and payment (\$0.65 per page) must be provided during pick-up.
- ALL paperwork requests (FMLA, clearance letters, etc....) will take 10 days. A photo ID and payment (\$45 for FMLA paperwork, \$25 for non-FMLA paperwork) must be provided during pick-up. We do not complete medical waivers for vaccines nor long-term disability paperwork nor workers' compensation related form(s).
- If being prescribed a controlled substance (ie. testosterone, phentermine, benzodiazepine), we will follow all state and federal guidelines associated with controlled substances, which includes checking the Prescription Monitoring Program (PMP) and a signed controlled substance consent/agreement. We do NOT prescribe NARCOTICS.
- You agree and understand that you or associated party will be financially responsible for any damages or destruction to Las Vegas Endocrinology facility, equipment or property.
- Due to space limitations and maintaining infection controls, please limit the number of companions in your party to those involved in your healthcare (MAX of 2 adults). All others will be asked to wait outside of the building.

By signing below, you are indicating that you understand and agree to our office polices. Thank you for your understanding and cooperation.

| Signature:    |  | Date: |
|---------------|--|-------|
|               | Patient or Legally Authorized Representative                           |       |
| Below J. N    |  |       |
| Printed Name: | Patient or Legally Authorized Representative (Relationship to Patient) |       |



#### ELECTRONIC COMMUNICATIONS AGREEMENT FOR PERSONAL HEALTH INFORMATION

Quang Nguyen DO PLLC, dba Las Vegas Endocrinology ("Practice") and Patient herein enter into this Electronic Communications Agreement for Personal Health Information ("PHI Agreement") regarding the use of email or other electronic communications/transmissions:

- 1. Emails, text messages, and all electronic communications may be utilized between the Practice and Patient that includes Patient's Personal Health Information ("PHI"). The Patient agrees to inform the Practice of any changes to Patient's authorized email address. Patient acknowledges that should Patient email exchange with the Practice from another email address, Patient authorizes the Practice to use that email address for communicating PHI as well.
- 2. For all other services, the Practice and the Patient may use telephone (landline or mobile), facsimile, mail, or in-person office visits.
- 3. Under no circumstances shall email or electronic communications be used by the Patient or the Practice in emergency or time-sensitive situations. If the Patient is in an emergency situation, the Patient must call 9-1-1.
- 4. The Practice values and appreciates the Patient's privacy and takes security measures such as encrypting the Patient's data, password-protected data files, and other authentication techniques to protect the Patient's privacy. The Practice shall comply with HIPAA/HITECH with respect to all communications subject to the terms of this PHI Agreement reflecting the Patient's explicit consent to certain communication amenities.
- 5. The Patient acknowledges that electronic communication platforms and portable data storage devices are prone to technical failures and, on rare occasions, the Patient's information or data may be lost due to technical failures. The Patient nevertheless authorizes the Practice to communicate with the Patient as set forth in this PHI Agreement. The Patient shall hold harmless any and all demands, claims and damages to persons or property, losses and liabilities, including reasonable attorney's fees, arising out of or causes by such technical failures that are not directly caused by the Practice. If the Patient uses non-encrypted email or instructs the Practice to use non-encrypted email containing PHI, the Patient shall hold harmless the Practice and its owners, directors, agents, and employees from and against any and all demands, claims, and damages to persons or property, losses and liabilities, including reasonable attorney's fees, arising out of any third-party interception of such non-encrypted email.
- 6. The Practice will obtain the Patient's express consent in the event that the Practice is required or requested to forward the Patient's identifiable information to any third party, other than as specified in the Practice's Notice of Privacy Practice's, or as mandated by applicable law. The Patient hereby consents to the communication of such information as is necessary to coordinate care and achieve scheduling with the Patient and all Responsible Parties.
- 7. The Patient acknowledges that the Patient's failure to comply with the terms of this PHI Agreement may result in the Practice terminating the email and electronic communications relationship, and may lead to the termination of the Patient's agreement for Practice services.
- 8. The Patient hereby consents to engaging in electronic and after-hours communications referenced above regarding the Patient's PHI. The Patient may also elect to designate immediate family members and/or other responsible parties to receive PHI communications and exchange PHI communications with such designated family members and/or other responsible parties.
- 9. The Patient acknowledges that all electronic communication platforms, while convenient and useful in expediting communication, are also prone to technical failures and on occasion may be the subject of unintended privacy breaches. Response times to electronic communication and authentication of communication sources involve inherent uncertainties. The Patient nevertheless authorizes the Practice to communicate with the Patient regarding PHI via electronic communication platforms referenced in this Agreement, and with those parties designated by the Patient as authorized to receive PHI. The Practice will otherwise endeavor to engage in reasonable privacy security efforts to achieve compliance with applicable laws regarding the confidentiality of Patient's PHI and HIPAA/HITECH compliance. Patient has received a Notice of Privacy Practices and acknowledges receipt of same pursuant to the attached acknowledgment.
- 10. The Patient shall have the right to request from the Practice a copy of the Patient's PHI and an explanation or summary of the Patient's PHI. The following services performed by the Practice shall not be the subject of additional charges to the Patient: maintaining PHI storage systems, recouping capital or expenses for PHI data access, PHI storage and infrastructure, or retrieval of PHI electronics information. However, the Patient's PHR Support subscription fee may include skilled technical staff time spent to create and copy PHI; compiling, extracting, scanning, and burning PHI to media and distributing the media with media costs; Practice administrative staff time spent preparing additional explanations or summaries of PHI. If the Patient requests that the Patient's PHI be provided on a paper copy or portable media (such as compact disc (CD) or universal serial bus (USB) flash drive) the Practice's actual supply costs for such equipment may be charged to the Patient.
- 11. This Agreement will remain in effect until the Patient provides written notice to the Practice that the Patient revokes this Agreement or otherwise revokes consent to communicate electronically with the Practice. The Patient may revoke this Agreement at any time, and agrees to provide the Practice with a notice period of thirty (30) business days for any request to remove the Patient from any PHI electronic communication database or network. Revocation of this Agreement will not affect the Patient's ability to receive medical treatment, but will preclude the Direct Practice from providing treatment information in an electronic format other than as authorized or mandated by applicable law. A photocopy or digital copy of the signed original of this Agreement may be used by the Patient or the Practice for all present and future purposes.

#### ACKNOWLEDGMENT OF RECEIPT FOR AGREEMENT FOR PERSONAL HEALTH INFORMATION

I acknowledge that I have received a copy of the Practice's Electronic Communications Agreement for Personal Health Information ("PHI Agreement") regarding the use of email or other electronic communications/transmissions:

| Signature:    | Date: |
|---------------|-------|
| Printed Name: |       |



#### **ACKNOWLEDGEMENT OF OUR NOTICE OF PRIVACY PRACTICES**

I hereby acknowledge that I have received or have been given the opportunity to receive a copy of the Las Vegas Endocrinology Notice of Privacy Practices. By signing below, I am "only" giving acknowledgement that I have received or have had the opportunity to receive the Notice of Privacy Practices for Las Vegas Endocrinology.

| Signature:   |  | Date: |  |
|--------------|--|-------|--|
|              | Patient or Legally Authorized Representative |       |  |
|              |  |       |  |
| Printed Name | :  |       |  |



## **NON-CONTRACTED INSURANCES**

Listed below are the insurances that our practice is **NOT** contracted with. By signing this form, you are acknowledging this list and are aware that if you **DO** have any one of these insurances and continue to proceed with care from our facility, you will be responsible for all charges for that date of service.

- Aetna CVS HMO
- Anthem BRONZE X HMO
- Anthem MediBlue Diabetes care HMO
- Anthem MediBlue HMO
- Friday
- Health Plan of Nevada HMO, POS, PPO, Balance Plans
  - o Accepted but only as out-of-network benefits.
- P3 (ACCEPTED ONLY THROUGH INTERMOUNTAIN)
- Railroad Medicare
- Select Health (ACCEPTED ONLY THROUGH INTERMOUNTAIN)

| Signature: |   | Date:                    |
|------------|---|--------------------------|
|            | Patient or Legally Authorized Representative    |                          |
| Printed Na | me:   |                          |
|            | Patient or Legally Authorized Representative (R | Relationship to Patient) |



# PATIENT QUESTIONNAIRE FOR SYMPTOMS SUGGESTIVE OF AUTONOMIC DYSFUNCTION

| QUESTION   | YES | NO |
|--|-----|----|
| 1. Do you have diabetes?   |     |    |
| **If YES, answer questions 2 and 3; if NO, skip to question 4          |     |    |
| 2. Have you had low blood sugar (with or without fainting) and not     |     |    |
| been aware of it?  |     |    |
| 3. Do you sweat when you eat, even if the food is not spicy, or do you |     |    |
| have dry skin on your hands or feet?                                   |     |    |
| 4. Do you have pain, tingling, burning, numbness, or electrical shocks |     |    |
| in your feet? Circle which symptom(s) you have                         |     |    |
| 5. Do the bedsheets or your socks bother or hurt your feet?            |     |    |
| 6. Do you have pain, tingling, burning, numbness or electrical shocks  |     |    |
| in your hands? Circle which symptom(s) you have                        |     |    |
| 7. Do you have trouble driving or seeing at night?                     |     |    |
| 8. Do you feel dizzy or faint when you stand up too quickly?           |     |    |
| 9. Do you feel bloated or full after the first few bites of food?      |     |    |
| 10. Do you get tired as soon as you start to exercise?                 |     |    |
| 11. Do you have diarrhea at night?                                     |     |    |
| 12. Do you have urinary incontinence?                                  |     |    |
| 13. Men only: do you have difficulty with erections that has not       |     | 1  |
| improved with medications like Viagra, Cialis, or Levitra?             |     |    |



As part of your care, your provider requests that you complete this Sleep Disorder Assessment Form. This form evaluates the need for you to have a user-friendly home sleep test. The home sleep test will determine if you have a sleep breathing disorder. Sleep breathing disorders negatively affect your well-being, especially your cardiovascular health. Sleep disorders can be treated effectively.

**Sleep Assessment Form** 

| Name:  | Date of Birth  |   |                  |                           |  |
|--|--|---|------------------|---------------------------|--|
| Insurance:   |  | НТ:   | WT:              | O2 Use: Yes or No         |  |
| 2. If you have been g  | n given a CPAP device?iven any form of CPAP, do you use it nightly?le with your CPAP and satisfied with its use? | Yes No  | )                |                           |  |
| •  | If the answer is "Yes" to all three qu   |   |                  |                           |  |
| If   | f your answer is <b>"No"</b> to any of the above q   | uestions, pleas                                     | se continue t    | to <b>Part 1</b> .        |  |
| Part 1 Epworth Sleep   | <u>iness Scale</u>   |   |                  |                           |  |
| • •  | doze off while doing the following activitie $t$ , $2 = moderate$ , $3 = high$ . Circle one of the               |   |                  | g scale:                  |  |
| <ol> <li>Sitting and talking</li> <li>Sitting and reading</li> <li>Watching TV</li> </ol>  | r in a motor vehicle for an hour or more<br>g to someone   | 0 1 2 3<br>0 1 2 3<br>0 1 2 3                       |                  | Score:                    |  |
| <ul><li>6. Lying down to re</li><li>7. Sitting quietly aft</li></ul>   | a public placest in the afternooner lunch without alcoholopped for a few minutes in traffic                      | 0 1 2 3   |                  |                           |  |
| Part 2   | 1  |   | _                |                           |  |
| <ol> <li>Does your family</li> <li>Do you have diab</li> <li>Have you ever be</li> <li>Do you have high</li> </ol>                             | ld that you snore?   | Yes No<br>Yes No<br>Yes No<br>Yes No                | ) <u> </u>       | Score:                    |  |
| <ol> <li>Do you awaken fi</li> <li>Has anyone said t</li> <li>Is your neck size</li> <li>Have you ever ha</li> <li>Have you ever be</li> </ol> | en diagnosed with sleep apnea?   | th? Yes No<br>g?Yes No<br>Yes No<br>Yes N<br>Yes No | 0<br>0<br>0<br>0 | Actual Neck Size:  Score: |  |
| Patient Signature:   |  | Date:   |                  |                           |  |
| <u> </u>   | ***Our sleep coordinator will contact you if furt  |   |                  |                           |  |
| SA Score:  | Home Sleep Apnea Test  |   | Hig              | h: Low:                   |  |